

# Family Center

1104 West 36th Street | Baltimore MD 21211

## Fall 2012

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## Community Events through MedStar Union Memorial Hospital

**Health Fair** More than 100 community members benefited from the Health Fair held in September during HampdenFest. We were fortunate to have a beautiful day and were able to have stations located both in and outside of the Family Center. There were stations set up for blood pressure screening, fitness assessment, heart health and nutrition, and cancer screenings, which included breast exams. In addition, there was an eye-opening hand-washing tutorial that fascinated both children and adults. Dental screenings were available for children thanks to Advantage Dental. This was an invaluable service to the community and we are very grateful to all those that participated.

**Flu Shots** On October 11th, the center was happy to work with MedStar Union Memorial Hospital to provide free flu shots to the community. More than 100 residents received their flu shot, and will hopefully enjoy a flu-free year. We are thankful that MedStar Union Memorial Hospital subsidized the shots, as many residents are uninsured and unable to afford one on their own.

### Do you know how far your dollars go at Hampden Family Center?

**\$25 purchases a GED Prep book for one adult student.**

**\$50 provides snacks for one child for the school year.**

**\$250 sponsors one senior luncheon.**

**\$500 provides transportation for two field trips.**

**\$750 covers costs of pool passes for the summer program participants.**

**\$1,000 sponsors the community holiday party for children and parents.**

Making donations is easy at [www.hampdenfamilycenter.org/donate.shtml](http://www.hampdenfamilycenter.org/donate.shtml)

### Officers

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*Counsel to the Board*

### New Board Members

The Family Center is pleased to welcome new Board members  
 Chad Gauss, Chris Lynch, Benn Ray and Janine Robinson.

## Backpack and School Supply Giveaway

Many thanks to Peggy Utermohle and the outreach committee of St. David's Church. Due to their generosity, the center was able to distribute more than 30 backpacks to Hampden children before the start of the school year. Those in need received a backpack brimming with all the school supplies they would need for a successful year. This was an invaluable contribution to the children and families in the community.

## Expanding Partnerships

This year, the Family Center is fortunate to be working with the University of Maryland's School of Social Work and MICA; Maryland Institute College of Art. We are very pleased to welcome Adam Davis, Allysse Joseph and Erin McRae; interns from the UMD School of Social Work. The interns are working in various capacities with current programs and designing new programs to be offered. Kristie Winther is an AmeriCorps member of MICA's Community Art Program. Kristie is on site working with members of the after-school program on various art activities and projects.

**If you'd like to receive this newsletter by email**

visit [hampdenfamilycenter.org/signup.shtml](http://hampdenfamilycenter.org/signup.shtml)



# Christmas Party 2012

Every year the Family Center hosts its annual Christmas party for children in the community. There are craft activities, photos with Santa, an appearance by the Oriole Bird, and lunch. Each child leaves with a wrapped Christmas present and a bag full of handmade ornaments and goodies. Children and adults alike look forward to this event and it kicks off the holiday season.

Each year, we rely on toy donations for the party to distribute to children ages infant to 12 years. This year we are in special need of toys for ages 5 – 12. If you'd like to donate a \$10 gift, please drop it off to the center or call 410-467-8710 for more information.



## Call for Christmas Angels!

*It's Christmas morning and there are no presents to open. You can change that for a local child this year by being a Christmas Angel.*

Each year, in collaboration with St. David's Church and volunteers from the community, the Family Center sponsors the Christmas Angel Program. We rely on people like you to make it a success!

Sponsor a Hampden child for Christmas and make your holiday complete! We are looking for individuals filled with the holiday spirit to "adopt" a child and purchase three presents from their holiday wish lists.

It's a good feeling to know that you helped make a child's Christmas morning unforgettable.

For more information, stop by the center or contact Pam Viel at 410-467-8710 or [pviel@hampdenfamilycenter.org](mailto:pviel@hampdenfamilycenter.org).



## The Taste of a Successful Event

This year's A Taste of Hampden was a tremendous success and an overall great party raising \$11,000. The event was SOLD OUT — making Family Center history. With more than 250 people in attendance, the place was overflowing with supporters. Guests mingled with friends and enjoyed sampling a variety of cuisines from 19 participating restaurants. From tuna tartar to steamed mussels, green chile stew to shrimp and grits, duck confit ravioli to sweet and sour shrimp, brussel sprouts to tacquitos, no one left hungry. Everyone remarked the food was delicious and plentiful!

Wine, beer and soft drinks were graciously provided by The Wine Source, and music by Ridiculous Entertainment.



The Wine Source provided all tasty beverages for the evening. You can view more photos from this event on our website at [www.hampdenfamilycenter.org/taste2012.shtml](http://www.hampdenfamilycenter.org/taste2012.shtml)



Joe Ptak serves up his specialty.

Guest participated in a raffle for the "Mystery Boxes." Some lucky winners departed for the night with raffle prizes in tow thanks to the generosity of local businesses that donated items (see below for details).

Sincere thanks to the many restaurants that participated this year. It was a tremendous success due, in no small measure, to the big hearts of the local establishments that joined us for an evening of food, fun, wine and music. Your generosity and support of the Family Center is greatly appreciated! We hope that you will support the many restaurants and merchants that supported us.



### **Thank you to the following restaurants that made A Taste of Hampden possible:**

*Alchemy, Angelos Pizza, Asian Taste, Birroteca, Café Hon, Common Ground, Corner BYOB, Fraziers on the Avenue, The Food Market, Golden West Café, Grandview Penthouse, Holy Frijoles, Luigi's Italian Deli, Mamma's Cucina, Ma Petite Shoe, Rocket to Venus, Roland Park Bakery & Deli, The Dogwood, The Wine Source, and Woodberry Kitchen.*

### **And to the following merchants for their Mystery Box contributions:**

*Atomic Books, The Bottom Drawer Lingerie Boutique, Denova, Doubledutch Boutique, Eye Candy Opticianry, In Watermelon Sugar, Kiss'N Make-Up, Lovelyarns, Sandy's Bargain Center, Sixteen Tons, Soft and Cozy Baby, Sprout, Trohv, The Turnover Shop, Urban Baby, and Zenzations by Jen.*